

A black and white photograph of a woman in a gym, performing a Pilates exercise on a reformer machine. She is in a low, athletic position, leaning forward with her hands on the machine's frame and her feet on the footbar. She is wearing a black long-sleeved top and black leggings. The background is a blurred gym environment with other equipment and people.

Us before
DISCOVERING
FREE PILATES

Us after
DISCOVERING
FREE PILATES



*Yes, you read
that right*

WE'VE TEAMED UP WITH
DISCOVERY, WHICH MEANS
VITALITY MEMBERS CAN
NOW GET UP TO 8 FREE
WORKOUTS A MONTH AT
CORE CONCEPTS PILATES

WHAT TO KNOW

VITALITY FITNESS IS NOW AVAILABLE IN THE
DISCOVERY APP

IT GIVES VITALITY MEMBERS ACCESS TO FREE
WORKOUTS AT PARTICIPATING GYMS AND
STUDIOS, INCLUDING CORE CONCEPTS PILATES

EVERY MEMBER GETS 2 FREE WORKOUTS EACH
MONTH

DEPENDING ON YOUR VITALITY STATUS, YOU
CAN EARN UP TO 6 MORE- THAT'S 8 FREE
WORKOUTS EVERY MONTH

SIMPLY SEARCH "CORE CONCEPTS PILATES" IN
THE DISCOVERY APP AND BOOK YOUR CLASS



THIS IS YOUR SIGN TO TRY
SOMETHING NEW, OR
REFER A FRIEND!

Book your class now